



PADALA CHARITABLE TRUST (PCT)

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A Tax Exempt (80g) and FCRA registered organization
Educational Scholarships, School Development & Socially Relevant Initiatives

Empowering High School Children - SSS Programme (SET, SETHU, SWECHHA)

There are FIVE problems that we generally notice in the children from government schools and government colleges in the current system of education:

1. **Underestimating Oneself** - I don't believe in myself, I lack self-confidence. If I am from a poor family or if I am physically challenged person, I just give up. I focus more on my weaknesses (W) and threats (T) rather than my strengths (S) and the opportunities (O) around me.
2. **Lack of Employability Skills** – This applies to children from CORPORATE SCHOOLS too. I study, I score marks, grades and ranks, get a degree BUT I cannot speak with confidence, I cannot even prepare a simple power point presentation and I cannot express myself. I am NOT employable....How can an Employer hire me? There is a definite lack of employability skills in 80% of the graduates today.
3. **Stressful and low quality Education** - The whole system is madly running after marks/grades and there is hardly any text book that teaches me how to handle my failures, manage stress in my life, how do I become a leader and WHY should I be a socially responsible person. There is absolutely NO place for such life skills in the curriculum. Moreover, too much rote learning still prevails AND copying and malpractices in the examination system drives us crazy and no one cares about value education any more. The stress is all over on students, parents as well as on teachers. The next generation is in trouble and this has to change.
4. **Adolescent Girl Education** - I am an adolescent girl going through lot of physical and emotional changes in me. I have several questions about things like menstrual hygiene, peer pressure and emotions that I go through but I don't have a reliable source whom I can freely share my feelings with. Half knowledge on these things is causing severe damage to my life. There is no proper awareness on adolescent girl education in high schools.
5. **No Career Guidance** - Last but not least, there is absolutely no idea about my Career Options. If I have a strong passion towards teaching and want to become a teacher, I do not know how far I should study, what competition I need to go through AND the kind of difference I can make in the society as a teacher. There is NO process in place to help me plan my career.

There has to be some intervention from all stakeholders to fill these gaps in today's Education System.

SSS Programme by Padala Charitable Trust (PCT)

We have designed SSS Programme to address the issues mentioned above and thus to empower the high school children to lead a happy, healthy and successful life. This programme has three projects in it.

1. **Project SET (Student Empowerment Training)** – This is an interactive programme (Power Point Presentation) to impart life skills, motivation and leadership to the children. There will be several short stories, video clips, success stories of real people that will be shared during the session. Some of the life skills covered in this session are *Self Awareness, Empathy, Interpersonal Relationships, Effective Communication, Stress Management, Emotional Intelligence, Problem Solving, Decision Making, Critical Thinking, Creating Thinking, and Leadership.*
2. **Project SETHU (Bridge for your career)** – A Career Guidance Programme for high school children to help them build a better future in line with their interest and talent. There will be abundant information shared with the children about the jobs, careers, free training programmes, scholarships after 10th & Intermediate.
3. **Project SWECHHA (Adolescent Health Education for Girls)** – A complete awareness and educational session on Menstrual Hygiene and Life Skills for adolescent girls. We are very proud that this programme has been making a huge impact in the lives of future mothers of India.

Mandal as a Unit

We prefer to take the mandal as a single unit for this programmes. Each Mandal typically has 8-10 government high schools in it. We target 9th class children.

On an average, there are approximately 200 children per school. So, total the number of beneficiaries will be up to 2000 per mandal.

Mandals Covered in Academic Year: 2018-2019

This year, we are executing this comprehensive project in the following **5 mandals of Andhra Pradesh & Telangana.**

1. Samalkot Rural Mandal (9 ZP High Schools), East Godavari District, AP
2. Ganapavaram Mandal (7 ZP High Schools), West Godavari District, AP
3. Rambilli Mandal (6 ZP High Schools), Visakhapatnam District, AP
4. Shamshabad Mandal (10 ZP/Govt High Schools), Hyderabad, TS
5. SeriLingampally (10 ZP/Govt High Schools), Hyderabad, TS

Total Reach: 2 States 5 Districts 42 Schools 8400 Students